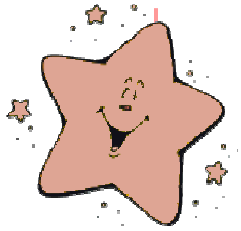
Me and My Shadow

We will talk more about shadows today. The children will have fun making their own Shadow Art and playing Where is My Shadow?

During Music & Movement we will have some fun while they chant the Nursery Rhymes, Me & My Shadow. We will also discuss, “We all Have a Shadow.”



Day Three

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Cognitive & Language

Nursery Rhyme: Me and My Shadow

Materials Included:
Nursery Rhyme Sheet for Child Notebook, Pg. 28

Me and My Shadow
Me and my shadow
Walking down the avenue;
Me and my shadow
No one else to tell my troubles to.

And when it's twelve o'clock,
I climb the stairs;
I never knock,
For nobody's there.

Just me and my shadow

Library & Books

Me and My Shadow by Arthur Dorros

I Love My Shadow by Hans Wilhelm

My Shadow and I by Patty Wolcott and Frank Bozzo

Show & Tell Today!

Sensory & Art

Shadow Art

Materials Included:
Shadow Art Page, Pg. 29

Materials Needed:
Black Construction Paper
White Construction Paper
Glue

Invite the children to sit at the table and help them cut out the shadow art one on black paper and a copy of the colored pictures. Show the children how to glue the shape behind the colored image to create a shadow.

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Exploration & Discovery

Everything Has a Shadow

Materials Included:
Shadow Cards, Pg. 30 - 34

Discuss with the children "Everything Has a Shadow" and show them the shadow cards provided. Ask them if there is a shadow in the card? What object is making the shadow? Continue until they have discovered what each item is on each card.

Music/Movement

Me & My Shadow

Materials Included:
Nursery Rhyme Sheet, Pg. 28

Chant the Nursery Rhyme, "Me and My Shadow" over and over again until the children have it memorized.

Me and My Shadow
Me and my shadow
Walking down the avenue;
Me and my shadow
No one else to tell my troubles to.

And when it's twelve o'clock,
I climb the stairs;
I never knock,
For nobody's there.

Just me and my shadow

Small & Large Muscle

Where is My Shadow

Materials Needed:
Flashlight

Hold the flashlight so that it creates a shadow for the children. Ask them where is your shadow? Turn the flash light off and ask where is your shadow? Turn it on and off asking the children each time, "Where is your shadow?"

The children will quickly learn that the light makes the shadow.

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Nursery Rhyme Sheet: Me & My Shadow

Me and my shadow
Walking down the avenue;
Me and my shadow
No one else to tell my troubles to.

And when it's twelve o'clock,
I climb the stairs;
I never knock,
For nobody's there.

Just me and my shadow
All alone and feeling blue.

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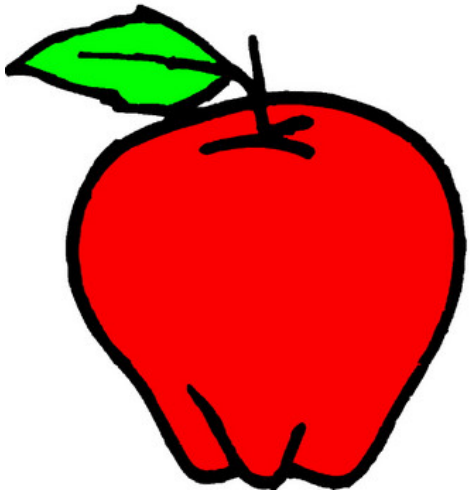
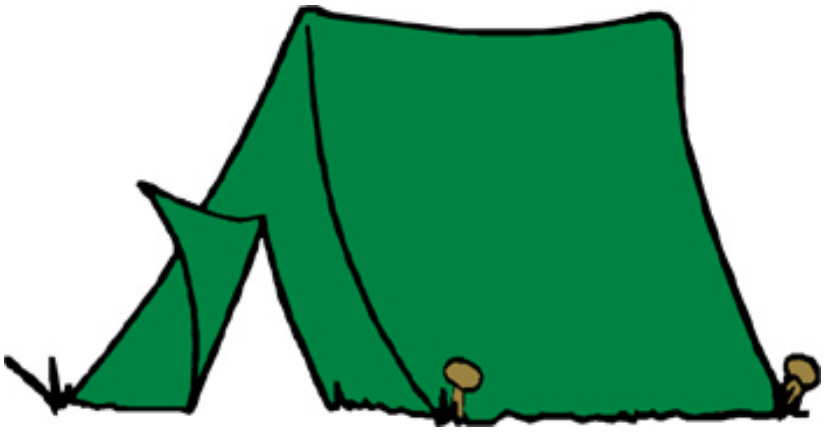
Shadow Art Page





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Where is the Shadow? Photo Cards

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