

## Cognitive & Language

### Good Morning

Good Morning, good morning to you.  
We're all in our places  
With shiny faces,  
and this is the way  
to start a new day!

### Learning Sign Language

Work with the children on learning the sign for rainbow. Remember it may take some time. Be sure to continue to use your sign cards from day to day, week to week, month to month. Send home copies of the sign cards so the parents will learn and be able to follow along at home as their child learns the new sign.

#### rainbow

Point the fingers of the right open hand toward the mouth and wiggle them (the sign for *color*). Move the right open hand over the head from left to right in an arc.

## Music & Movement

### I Can Sing a Rainbow

Red and yellow and pink and green  
Purple and orange and blue  
I can sing a rainbow,  
sing a rainbow,  
sing a rainbow too.

Listen with your eyes,  
Listen with your ears,  
and sing everything you see,  
I can sing a rainbow,  
sing a rainbow,  
sing along with me.

Red and yellow and pink and green,  
Purple and orange and blue,  
I can sing a rainbow,  
sing a rainbow,  
sing a rainbow too!

## Literacy & Books

### Rainbow Colors

by DK Publishing Inc.

### The Rainbow Fish

by Marcus Pfister, J. Alison James

### Planting a Rainbow

by Lois Ehlert

## Math & Science

### Rainbow Over the Water

#### Materials Needed:

Garden hose with running water

Sunny day

Go outside and see a rainbow. Hold your hose in your garden while water is running and the sun is shining on it. What do you see? A rainbow!

No Sun? No problem! Try this one:

In a room that has light, move a CD-Rom tilting it back and forth slowly. What do you see? A rainbow!

## Small & Large Muscle

### Rainbow Dancing

Invite children to join you in your circle time area. Play music and call out colors. If a child is wearing the color you call out they dance until the next color is called, unless they are wearing that color too then they keep dancing.

For very young children you may want to review the colors they are wearing prior to starting this activity.

## Sensory & Art

### Torn Paper - Paper Plate Rainbow

#### Materials Needed:

Paper plate

Hole punch

Yarn

Red, orange, yellow, green, blue and purple construction paper

Glue

Cotton swabs

Cut the paper plate in half. Make a rainbow shape. Hole punch a hole in the middle of the paper plate so you can hang it with yarn. Have pieces of different colors of torn construction paper or you can have the child/children help you tear pieces of paper. Place some glue onto a piece paper. Place a cotton swap in it and then on the paper. Have the child place it on the back of the paper plate to make a rainbow.

## Show & Tell Today!